

# JUNE 2009

## INTRODUCTION

The year is almost halfway through already! The elections have come and gone but the winter weather is here to stay with us for a while.

Some exciting events have already taken place in the field of emergency medicine in South Africa this quarter, confirming that the provision of emergency medical care is a priority and there are dedicated and enthusiastic providers in this field.

## MEMBERSHIP

Thank you to all the members who have already paid their yearly fees. Don't forget that membership fees have increased to R200 this year.

Remember all the fantastic EMSSA member benefits:

- 4 copies of the Critical Care and Emergency Medicine journal a year. We are aiming to include as much local content as possible this year. South African emergency medicine research is certainly growing and we want to bring you all the latest articles.
- Representation on a national level for all emergency medicine providers
- EMSSA website
- Access to Challenger CME via the website
- Access to Rosen's (considered to be the definitive textbook on emergency medicine).
- Quarterly newsletters
- Access to EMSSA practise guidelines via the website (Nursing guidelines will be added shortly)
- The provision of extensive courses covering a range of emergency medicine topics

- Membership to a society that is active in improving the provision and in encouraging growth of emergency care in South Africa

Membership forms can be accessed via the website [www.emssa.org.za](http://www.emssa.org.za)

## WEBSITE

The website is undergoing a new facelift, with huge changes. It will be unveiled any time soon.

Online there will be two main areas: an open access, public area with key information about what EMSSA is and what we do, and a members' only area. In that areas will be:

- Downloadable videos and podcasts from local CME sessions
- Downloadable international podcasts
- Journal articles
- Interactive forums
- Virtual Learning Environment for Ultrasound training
- Access to online educational resources, including Challenger CME and Rosen's

Michele Twomey is the committee member to contact about any website queries. Please let us know if you have any ideas to improve the website.

## EDUCATION

**MIMMS** and **HMIMMS** courses continue to be run all over the country. These courses provide a structured approach to Major Incident planning in the pre-hospital and hospital setting. They also help to make sure that in the event of a major incident, that we are all talking the same language!

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The **Fundamentals of Emergency Care** course was run for the first time in 2008 and has proven to be a very popular course for providers of emergency care who do not have access to the formal academic programmes in Emergency Medicine. More courses are planned later this year.

The **Emergency Management of Severe Burns** course is run in conjunction with the Burns Society. The Chair has approached Burns for permission to run more courses across the country.

### CONFERENCE

Delegates have already started to register for the **Emergency Medicine in the Developing World Conference – Mass Gathering and Disaster Medicine in the Developing World** to be held from the **23<sup>rd</sup> - 26<sup>th</sup> November 2009** in Cape Town. The registration form is now online [www.emssa2009.co.za](http://www.emssa2009.co.za). A huge interest has been expressed both locally and internationally so make sure you register early to enjoy the discounted rates.

All delegates will automatically receive free 2010 EMSSA membership when they register for the Conference.

There will be an EMSSA stand at the conference with a range of branded items for sale.

The 5 Key note speakers are: Joe Lex, Teddy Boen, Sam Stratton, Francesca Delacorte, and Pinchas Halperin.

An exciting new initiative for the conference is the “Adopt-a-delegate” scheme whereby delegates are able to cover the conference and accommodation fees of a delegate from a developing nation. A partnership is established and

will ensure the attendance of delegates who otherwise would not be able to cover the financial expenses. The entire process and necessary documentation are available on the conference website.

There are also going to be numerous pre-conference workshops. Please note that these are filling up fast, so you would be advised to book soon!

**Emergency Ultrasound:** Ultrasound is safe, rapid, non-invasive and painless. Used extensively in radiology, obstetrics and cardiology, it is now also advocated for use in Emergency Medicine.

Covering the new College of Emergency Medicine (SA) guidelines and includes EFAST, AAA, focused echo in resuscitation, DVT and central venous placement. Target group: Clinicians working in Emergency Centres.

**AIME:** Airway management involves much more than simply the placement of an endotracheal tube. AIME is a hands-on, case-based, skill-focused learning experience. Decisions of when and why to intubate, by which method, with or without pharmacologic agents and what to do when things go wrong, are all addressed.

Target group: Clinicians working in an emergency setting.

**ECG master class:** Cardiac pathology (for example arrhythmias) needs quick, simple and effective assessment and management. This master class builds on knowledge of pathology, assessment, examination, treatment and care to augment the understanding and place of the ECG in the emergency environment.

Target group: Clinicians working in an emergency setting.

**Hospital Disaster Planning:** This workshop will cover, amongst other topics, the

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importance of hospital disaster planning, how to assess the key components of a hospital disaster plan, understanding of phased disaster responses, why disaster responses fail and after action reviews.

Target group: Clinicians, nurses working in Emergency Centres, and hospital managers

**Emergency Radiology:** In the care of the emergency patient, diagnostic imaging is only as helpful as the person interpreting the image. This workshop will look at diagnostic imaging other than ultrasound which is currently available in the emergency setting and improve the interpretation and understanding thereof.

Target group: Clinicians working in emergency setting

Abstracts can now be submitted online via the Conference website [www.emssa2009.co.za](http://www.emssa2009.co.za) We want to have as much local research content as possible so we urge our members to submit for poster or abstract presentation.

## CONTINUING EDUCATION

The second session of the 10 day EMSSA **Advanced Emergency Centre Management Course** was held in Cape Town on 28 & 29 May 2009. Sessions covered various aspects of Teaching in Emergency Medicine and Research in Emergency Medicine. The delegates were able to present their course projects which will all contribute significantly to national research in Emergency Medicine.

The first EMSSA/Pfizer **CME Day** was held in Cape Town on Saturday 30 May 2009. Well over 150 delegates braved the wet and windy conditions to attend the sessions on Sports Medicine at UCT Medical School. The lecturers are experts in their fields and gave very informative

talks. The programme consisted of the following:

Dr Willem van der Merwe on **Management of Acute knee and ankle sports injuries**

Professor Martin Schwellnus discussed **Acute muscle injury and cramping**

Dr Jeroen Swart covered **Sudden Cardiac Arrest in Sport**

Professor Tim Noakes presented **Electrolyte Disturbances**

Dr Hanno Vivier discussed **Acute Head Injury and Acute Spinal Injuries in Sport.**

A big thank you must be extended to Pfizer for their sponsorship of this successful event. Dr Hein Lamprecht, from the Division of Emergency Medicine at UCT and US, must also be thanked for organizing such enthusiastic and entertaining speakers for the day.

We urge all our members in the rest of the country to attend the next CME days which are on the 25 July in Durban, 29 August in Johannesburg and 12 September in Port Elizabeth.

All the presentations from the Cape Town CME Day were filmed and will be uploaded soon onto the website for you to access.

## EMRASA

Congratulations to all the candidates who were successful in the recent exams:

### FCEM Part 1 (Anatomy)

Patrick Andrew D'Andrea  
Thomas Laurence Hilton  
Robert Roman Kalebka  
Jacques Johannes Malan  
Adrian Thomas McCann  
Adrian Sieberhagen

### FCEM Part 1 (Pathology)

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Philip Gert Cloete  
Patrick Andrew D'Andrea  
Sharon Jane Fish  
Thomas Laurence Hilton  
Lesley Ann Hodsdon  
Robert Roman Kalebka  
Hendrick Jaco Lategan  
Jacques Johannes Malan  
Annelize Kat Mynhardt  
Laverne Joy Phillips  
Seelan Pillay  
Mohamed Shiraaz Shaikjee  
Adrian Sieberhagen

**FCEM Part 1 (Physiology)**

Liesl Botha  
Thomas Laurence Hilton  
Moosa Kalla  
Nontobeko Fortunate Menzi Ndebele  
Mohamed Shiraaz Shaikjee  
Adrian Sieberhagen

**FCEM Part 1 (Pharmacology)**

Patrick Andrew D'Andrea  
Thomas Laurence Hilton  
Lesley Ann Hodsdon  
Robert Roman Kalebka  
Seelan Pillay  
Takalani Brenda Radzilani  
Mohamed Shiraaz Shaikjee  
Rupert Marius Steyl

**FCEM Part 2 and MMed (UCT / US) Part 2**

David Lionel Fredericks

**MMed (UCT / US) Part 3**

Japie de Jager  
Lizanne Koning  
Pauline Louw  
Melanie Stander

**OTHER NEWS**

If you have any other news – including exam success - you would like to share with EMSSA members then please contact me and it can be added to the next newsletter.

**“The Future depends on what we do in the Present”**

**Mahatma Gandhi**

**Regards**  
**Melanie Stander**

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## EMSSA EXCO

Chairman

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Vice Chairman

**Charl van Loggerenberg**

[Charlv@internationalsos.com](mailto:Charlv@internationalsos.com)

Secretary & Treasurer

**Mande Taubkin**

[mtoubkin@netcare.co.za](mailto:mtoubkin@netcare.co.za)

Executive Members

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**Walter Kloeck**

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**Melanie Stander**

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**Hanneli Piek**

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Co-opted members

**Michelle Twomey**

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**Miguel Alberquerue**

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## EMSSA NEWSLETTER

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**EMERGENCY-RELATED SHORT COURSES IN SOUTH AFRICA (INTERNATIONAL)**

<b>NAME</b>	<b>LENGTH</b>	<b>ORGANIZATION</b>	<b>CONTACT ADDRESS</b>	<b>VENUE</b>	<b>ACCREDITATION</b>
Healthcare Providers*	1 day	Resuscitation Council of SA	<a href="mailto:rescosa@iafrica.com">rescosa@iafrica.com</a>	Countrywide	American Heart Association
Pharmacology*	1 day	Resuscitation Council of SA	<a href="mailto:rescosa@iafrica.com">rescosa@iafrica.com</a>	Countrywide	American Heart Association
Wound Management*	1 day	Resuscitation Council of SA	<a href="mailto:rescosa@iafrica.com">rescosa@iafrica.com</a>	Countrywide	American Heart Association
Advanced Life Support*	2 days	Resuscitation Council of SA	<a href="mailto:rescosa@iafrica.com">rescosa@iafrica.com</a>	Countrywide	American Heart Association
Advanced Providers*	2 days	Resuscitation Council of SA	<a href="mailto:rescosa@iafrica.com">rescosa@iafrica.com</a>	Countrywide	American Heart Association
Advanced Life Support*	2 days	Resuscitation Council of SA	<a href="mailto:rescosa@iafrica.com">rescosa@iafrica.com</a>	Countrywide	American Heart Association
Neonatal Life Support*	1 day	Resuscitation Council of SA	<a href="mailto:rescosa@iafrica.com">rescosa@iafrica.com</a>	Johannesburg & Cape Town	American Academy of Pediatrics
Advanced Trauma Life Support	3 days	Trauma Society of SA	<a href="mailto:atls@saol.com">atls@saol.com</a>	Countrywide	American College of Surgeons
Advanced Critical Care Support	2 days	Critical Care Society of SA	<a href="mailto:drhannes@specphysician.co.za">drhannes@specphysician.co.za</a>	Countrywide	US Society of Critical Care Medicine
Advanced Airway Interventions & Emergencies	1 day	University of the Witwatersrand	<a href="mailto:Efraim.Kramer@wits.ac.za">Efraim.Kramer@wits.ac.za</a>	Johannesburg	Canadian Association of Emergency Physicians
Advanced Skills Course*	3 days	College of Surgeons of SA	<a href="mailto:brenda.fine@uct.ac.za">brenda.fine@uct.ac.za</a> or <a href="mailto:parkesjs@medicine.wits.ac.za">parkesjs@medicine.wits.ac.za</a>	Countrywide	College of Surgeons of England
Advanced Life Support*	2 days	Academy of Advanced Life Support	<a href="mailto:kloek@resus.co.za">kloek@resus.co.za</a>	Johannesburg	United Kingdom
Advanced Pediatric Life Support*	3 days	ALSG (UK)	<a href="mailto:valdent@telkomsa.net">valdent@telkomsa.net</a>	Countrywide	United Kingdom
Advanced Management & Support	1 – 3 days	Emergency Medicine Society of SA	<a href="mailto:mtwomey@pbp.org.za">mtwomey@pbp.org.za</a>	Countrywide	United Kingdom

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Management & Support Hospital	1 – 2 days	Emergency Medicine Society of SA	<a href="mailto:mtwomey@pbp.org.za">mtwomey@pbp.org.za</a>	Countrywide	United Kingdom
Emergency Care	2 days	Emergency Medicine Society of SA	<a href="mailto:mtwomey@pbp.org.za">mtwomey@pbp.org.za</a>	Countrywide	Australia
Skills Training	2 days	University of the Witwatersrand	<a href="mailto:Efrain.Kramer@wits.ac.za">Efrain.Kramer@wits.ac.za</a>	Johannesburg	Australia
Management of Severe Burns	1 day	SA Burn Society	<a href="mailto:rouxm@medscheme.co.za">rouxm@medscheme.co.za</a>	Countrywide	Australian & New Zealand Burn Association

**\*Active (paid-up) members of the CMSA qualify for a R100-00 discount on all Courses marked with an asterisk\***

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<b>NAME</b>	<b>LENGTH</b>	<b>ORGANIZATION</b>	<b>CONTACT ADDRESS</b>	<b>VENUE</b>	<b>ACCREDITATION</b>
Emergency Symposium	1 day	University of Pretoria	<a href="mailto:dries.engelbrecht@up.ac.za">dries.engelbrecht@up.ac.za</a>	Pretoria	Local
Emergency Presentations	1 day	University of the Witwatersrand	<a href="mailto:Efraim.Kramer@wits.ac.za">Efraim.Kramer@wits.ac.za</a>	Johannesburg	Local
Emergency Medicine Update	6 days	University of Kwazulu-Natal	<a href="mailto:Henryka1@ukzn.ac.za">Henryka1@ukzn.ac.za</a>	Durban	Local
Emergency Medicine Refresher	3 days	University of Cape Town/Stellenbosch	<a href="mailto:zmullins@pgwc.gov.za">zmullins@pgwc.gov.za</a>	Cape Town	Local
Emergency Medical Anaesthesia*	1 day	University of Cape Town/Stellenbosch	<a href="mailto:zmullins@pgwc.gov.za">zmullins@pgwc.gov.za</a>	Cape Town	Local
Emergency Resuscitation Techniques*	1 day	University of Cape Town/Stellenbosch	<a href="mailto:zmullins@pgwc.gov.za">zmullins@pgwc.gov.za</a>	Cape Town	Local
Emergency Management*	1 day	University of Cape Town/Stellenbosch	<a href="mailto:zmullins@pgwc.gov.za">zmullins@pgwc.gov.za</a>	Cape Town	Local
Emergency Medicine*	5 days	University of Cape Town/Stellenbosch	<a href="mailto:wpsmith@pgwc.gov.za">wpsmith@pgwc.gov.za</a>	Cape Town	Local
Emergency Health Care Provider	5 days	University of Cape Town/Stellenbosch & University of the Witwatersrand	<a href="mailto:wpsmith@pgwc.gov.za">wpsmith@pgwc.gov.za</a> or <a href="mailto:trauma@mweb.co.za">trauma@mweb.co.za</a>	Cape Town & Johannesburg	Local
Emergency Physician	1 - 2 days	University of Cape Town/Stellenbosch & University of the Witwatersrand	<a href="mailto:zmullins@pgwc.gov.za">zmullins@pgwc.gov.za</a> or <a href="mailto:mike@casualty.co.za">mike@casualty.co.za</a>	Cape Town & Johannesburg	Local
Emergency Care	2 days	University of Pretoria	<a href="mailto:dries.engelbrecht@up.ac.za">dries.engelbrecht@up.ac.za</a>	Pretoria	Local
Emergency Triage Scale	1 day	Emergency Medicine Society of SA	<a href="mailto:mtwomey@pbp.org.za">mtwomey@pbp.org.za</a>	Countrywide	Local
Emergency Medicine Training	1 day	Emergency Medicine Society of SA	<a href="mailto:mtwomey@pbp.org.za">mtwomey@pbp.org.za</a>	Countrywide	Local
Management of Acute Poisonings*	2 days	Academy of Accident & Emergency Medicine	<a href="mailto:academy.aem@telkomsa.net">academy.aem@telkomsa.net</a>	Durban	Local

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Management*	3 days	Academy of Accident & Emergency Medicine	<a href="mailto:academy.aem@telkomsa.net">academy.aem@telkomsa.net</a>	Durban	Local
Emergencies*	3 days	Academy of Accident & Emergency Medicine	<a href="mailto:academy.aem@telkomsa.net">academy.aem@telkomsa.net</a>	Durban	Local
Emergency Medicine*	1 day	Academy of Advanced Life Support	<a href="mailto:kloeck@resus.co.za">kloeck@resus.co.za</a>	Johannesburg	Local
Advanced Life Support	1 day	Academy of Advanced Life Support	<a href="mailto:kloeck@resus.co.za">kloeck@resus.co.za</a>	Johannesburg	Local
Refresher	2 days	Academy of Advanced Life Support	<a href="mailto:kloeck@resus.co.za">kloeck@resus.co.za</a>	Johannesburg	Local

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